**BOOKS**

**Death, Grief and Bereavement**

* [*Modern Loss: Candid Conversation About Grief. Beginners Welcome,*](https://www.amazon.com/Modern-Loss-Conversation-Beginners-Welcome/dp/0062499181)by Rebecca Soffer,
* [*Everything Happens for a Reason and Other Lies I've Loved*](https://www.amazon.com/Everything-Happens-Reason-Other-Loved/dp/0399592067)*, by Kate Bowler*
* [*The Denial of Death*](http://www.amazon.com/Denial-Death-Ernest-Becker/dp/0684832402/ref%3Dsr_1_15?s=books&ie=UTF8&qid=1450816463&sr=1-15) by Ernest Becker
* [*Final Gifts: Understanding the Special Awareness, Needs, and Communications of the Dying*](http://www.amazon.com/Final-Gifts-Understanding-Awareness-Communications/dp/1451667256/ref%3Dsr_1_10?s=books&ie=UTF8&qid=1450816588&sr=1-10) by Maggie Callahan
* [*Intimate Death: How the Dying Teach Us How to Live*](http://www.amazon.com/Intimate-Death-Dying-Teach-Live/dp/0679768599) by Marie De Hennezel
* [*Smoke Gets in Your Eyes & Other Lessons from the Crematory*](http://www.amazon.com/Smoke-Gets-Your-Eyes-Crematory/dp/0393351904/ref%3Dsr_1_9?s=books&ie=UTF8&qid=1453326499&sr=1-9) by Caitlin Doughty
* [*In the Slender Margin: The Intimate Strangeness of Death and Dying*](http://www.amazon.com/In-Slender-Margin-Intimate-Strangeness/dp/1628725834) by Eve Joseph
* [*On Death and Dying: What the Dying Have to Teach Doctors, Nurses, Clergy and Their Own Families*](http://www.amazon.com/Death-Dying-Doctors-Nurses-Families/dp/1476775540/ref%3Dsr_1_25?s=books&ie=UTF8&qid=1450816729&sr=1-25) by Elisabeth Kubler-Ross & Ira Byock
* [*On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss*](http://www.amazon.com/Grief-Grieving-Finding-Meaning-Through/dp/1476775559/ref%3Dsr_1_14?s=books&ie=UTF8&qid=1450816463&sr=1-14) by Elisabeth Kubler-Ross & David Kessler
* [*A Grief Observed*](http://www.amazon.com/Grief-Observed-C-S-Lewis/dp/0060652381/ref%3Dsr_1_7?s=books&ie=UTF8&qid=1450815801&sr=1-7) by C. S. Lewis
* [*Talking About Death*](http://www.amazon.com/Talking-About-Death-Virginia-Morris/dp/1565124375/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1426886209&sr=1-1&keywords=talking+about+death+won%27t+kill+you) by Virginia Morris
* [*I Wasn’t Ready to Say Goodbye*](http://www.amazon.com/Wasnt-Ready-Say-Goodbye-Surviving/dp/1402212216/ref%3Dsr_1_8?s=books&ie=UTF8&qid=1450815801&sr=1-8) by Brook Noel & Pamela Blair
* [*How We Die: Reflections of Life’s Final Chapter*](http://www.amazon.com/How-We-Die-Reflections-Chapter/dp/0679742441) by Sherwin B. Nuland
* [*Death’s Summer Coat: What the History of Death and Dying Teaches Us About Life and Living*](http://www.amazon.com/Deaths-Summer-Coat-History-Teaches/dp/160598938X) by Brandy Schillace
* [*Grief is a Mess*](http://www.amazon.com/Grief-Mess-Jackie-Schuld/dp/151875287X/ref%3Dsr_1_1?ie=UTF8&qid=1460667800&sr=8-1&keywords=grief+is+a+mess) by Jackie Schuld

**End-of-Life Care**

* [*Extreme Measures Finding a Better Path to the End of Life*](https://www.amazon.com/Extreme-Measures-Finding-Better-Path/dp/1101982551/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1534692697&sr=1-1&keywords=extreme+measures+finding+a+better+path+to+the+end+of+life)*, by Jessica Zitter*
* [*Critical Care: A New Nurse Faces Death, Life, and Everything in Between*](http://smile.amazon.com/Critical-Care-Nurse-Everything-Between/dp/0061791547/ref%3Dsr_1_1?ie=UTF8&qid=1463429631&sr=8-1&keywords=Critical+Care%3A+A+New+Nurse+Faces+Death%2C+Life%2C+and+Everything+in+Between) by Theresa Brown
* [*Knocking on Heaven’s Door: The Path to a Better Way of Death*](http://www.amazon.com/Knocking-Heavens-Door-Better-Death/dp/1451641982/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1426885917&sr=1-1&keywords=knocking+on+heavens+door) by Katy Butler
* [*The Best Care Possible: A Physician’s Quest to Transform Care Through the End of Life*](http://www.amazon.com/Best-Care-Possible-Physicians-Transform/dp/1583335129/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1463087842&sr=1-1&keywords=The+Best+Care+Possible%3A+A+Physician%27s+Quest+to+Transform+Care+Through+End+of+Life) by Ira Byock, MD
* [*Final Journeys: A Practical Guide for Bringing Care and Comfort at the End of Life*](http://www.amazon.com/Final-Journeys-Practical-Bringing-Comfort/dp/0553382748/ref%3Dpd_bxgy_14_img_2?ie=UTF8&refRID=0RZ5X848FQ9JTX76BCDJ) by Maggie Callahan
* [*Hard Choices for Loving People: CPR, Artificial Feeding, Comfort Care and the Patient with a Life-Threatening Illness*](http://smile.amazon.com/Hard-Choices-Loving-People-Palliative/dp/099726120X?ie=UTF8&keywords=hard%20choices%20for%20loving%20people&qid=1465316053&ref_=sr_1_2&sr=8-2) by Hank Dunn
* [*Five Days at Memorial: Life and Death in a Storm-Ravaged Hospital*](http://www.amazon.com/Five-Days-Memorial-Storm-Ravaged-Hospital/dp/0307718972/ref%3Dsr_1_11?s=books&ie=UTF8&qid=1463088168&sr=1-11) by Sheri Fink
* [*Being Mortal: Medicine and What Matters Most in the End*](http://www.amazon.com/Being-Mortal-Medicine-What-Matters/dp/0805095152/ref%3Dsr_1_1?ie=UTF8&qid=1463086283&sr=8-1&keywords=being+mortal) by Atul Gawande (**Bonus:** [Being Mortal Discussion Guide](https://www.mnhpc.org/wp-content/uploads/2016/05/Being-Mortal_Discussion-Guide.pdf))
* [*Last Rights: Rescuing the End of Life from the Medical System*](http://www.amazon.com/Last-Rights-Rescuing-Medical-System/dp/031237464X) by Stephen P. Kiernan
* [*The Good Death: An Exploration of Dying in America*](http://www.amazon.com/The-Good-Death-Exploration-America/dp/0807080624) by Ann Neumann
* [*Hope for a Cool Pillow*](http://www.amazon.com/Hope-Cool-Pillow-Margaret-Overton/dp/1937402908) by Margaret Overton
* [*The Conversation: A Revolutionary Plan for End-of-Life Care*](http://www.amazon.com/The-Conversation-Revolutionary-End-Life/dp/1620408554/ref%3Dpd_sim_14_5?ie=UTF8&refRID=06YGZ3QR34MDRAHTV2KZ) by Angelo Volandes

**Gerontology and Aging**

* [*How to Grow Old: Ancient Wisdom for the Second Half of Life*](http://smile.amazon.com/How-Grow-Old-Ancient-Wisdom/dp/0691167702/ref%3Dzg_bs_11270_2) by Marcus Tullius Cicero
* [*Disrupt Aging: A Bold New Path to Living Your Best Life at Every Age*](http://smile.amazon.com/Disrupt-Aging-Bold-Living-Every/dp/1610396766/ref%3Dzg_bs_11270_1) by Jo Ann Jenkins
* [*From Age-Ing to Sage-Ing: A Revolutionary Approach to Growing Older*](http://smile.amazon.com/From-Age-Ing-Sage-Ing-Revolutionary-Approach/dp/1455530603/ref%3Dzg_bs_11270_6) by Zalman Schachter-Shalomi and Ronald S. Miller
* [*When the Time Comes: Families with Aging Parents Share Their Struggles and Solutions*](https://smile.amazon.com/When-Time-Comes-Struggles-Solutions/dp/0446581135/ref%3Dtmm_hrd_swatch_0?_encoding=UTF8&qid=1465402155&sr=8-1) by Paula Span
* [*Second Wind: Navigating the Passage into a Slower, Deeper, and More Connected Life*](http://www.amazon.com/Second-Wind-Navigating-Passage-Connected/dp/1451667574/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1426886100&sr=1-1&keywords=second+wind) by Dr. Bill Thomas
* [*Creatures of a Day: And Other Tales of Psychotherapy*](http://smile.amazon.com/Creatures-Day-Other-Tales-Psychotherapy/dp/046509743X/ref%3Dzg_bs_11270_9) by Irvin D. Yalom

**Memoirs**

* [*It's OK to Laugh (Crying is Cool Too)*](https://www.amazon.com/s/ref%3Dnb_sb_ss_i_1_16?url=search-alias%3Dstripbooks&field-keywords=it%27s+ok+to+laugh+crying+is+cool+too&sprefix=It%27s+OK+to+Laugh%2Cstripbooks%2C229&crid=2FROK9AEY4TE9)*, by Nora McInerny*
* [*Tuesdays with Morrie: An Old Man, a Young Man, and Life’s Greatest Lesson*](http://www.amazon.com/Tuesdays-Morrie-Young-Greatest-Lesson/dp/076790592X/ref%3Dsr_1_4?s=books&ie=UTF8&qid=1459183522&sr=1-4)by Mitch Albom
* [*Can’t We Talk about Something More Pleasant?: A Memoir*](http://smile.amazon.com/Cant-Talk-about-Something-Pleasant/dp/1608198065/ref%3Dsr_1_1?ie=UTF8&qid=1463429530&sr=8-1&keywords=Can%27t+We+Talk+about+Something+More+Pleasant) by Roz Chast
* [*The Iceberg: A Memoir*](http://www.amazon.com/Iceberg-Memoir-Marion-Coutts/dp/0802124607/ref%3Dtmm_pap_swatch_0?_encoding=UTF8&qid=&sr=) by Marion Coutts
* [*We Know How This Ends: Living While Dying*](http://www.amazon.com/We-Know-How-This-Ends/dp/0816697337/ref%3Dsr_1_1?s=books&ie=UTF8&qid=1426886447&sr=1-1&keywords=we+know+how+this+ends+wurzer) by Bruce H. Kramer with Cathy Wurzer
* [*Mortality*](http://www.amazon.com/Mortality-Christopher-Hitchens/dp/1455502758/ref%3Dsr_1_14?s=books&ie=UTF8&qid=1450816603&sr=1-14) by Christopher Hitchens
* [*When Breath Becomes Air*](http://www.amazon.com/When-Breath-Becomes-Paul-Kalanithi/dp/081298840X) by Paul Kalanithi
* [*Until Further Notice, I Am Alive*](http://www.amazon.com/Until-Further-Notice-Am-Alive/dp/1847085318/ref%3Dpd_sim_14_6?ie=UTF8&refRID=06YGZ3QR34MDRAHTV2KZ) by Tom Lubbock
* [*Swimming in a Sea of Death: A Son’s Memoir*](http://www.amazon.com/Swimming-Sea-Death-Sons-Memoir/dp/0743299477) by David Rieff
* [*Gratitude*](http://www.amazon.com/Gratitude-Oliver-Sacks/dp/0451492935/ref%3Dsr_1_2?s=books&ie=UTF8&qid=1450815801&sr=1-2) by Oliver Sacks

**Spirituality and Self-Help**

* [*The Five Invitations: Discovering What Death Can Teach Us About Living Fully*](https://www.amazon.com/s/ref%3Dnb_sb_ss_i_2_20?url=search-alias%3Dstripbooks&field-keywords=the+five+invitations+what+death+can+teach+us+about+living+fully&sprefix=The+Five+Invitations%2Cstripbooks%2C204&crid=MYP3YMVA60BF&rh=n%3A283155%2Ck%3Athe+five+invitations+what+death+can+teach+us+about+living+fully)*,* Frank Ostaseski
* [*The Four Things That Matter Most: A Book About Living*](https://www.mnhpc.org/resources/recommended-literature/%20http%3A/www.amazon.com/Four-Things-That-Matter-Most/dp/0743249097#reader_0743249097) by Ira Byock, MD
* [*Being with the Dying: Cultivating Compassion and Fearlessness in the Presence of Death*](http://smile.amazon.com/Being-Dying-Cultivating-Compassion-Fearlessness/dp/1590307186/ref%3Dsr_1_1?ie=UTF8&qid=1463429436&sr=8-1&keywords=Being+with+the+Dying) by Joan Halifax
* [*The Last Lecture*](http://www.amazon.com/Last-Lecture-Randy-Pausch/dp/1401323251/ref%3Dsr_1_5?s=books&ie=UTF8&qid=1455569029&sr=1-5) by Randy Pausch
* [*Kitchen Table Wisdom* by Rachel Naommi Remen](https://smile.amazon.com/Kitchen-Table-Wisdom-Anniversary-Deckle/dp/1594482098/ref%3Dsr_1_1?ie=UTF8&qid=1466105193&sr=8-1&keywords=kitchen+table+wisdom)
* [*Becoming Wise: An Inquiry into the Mystery and Art of Living*](http://www.amazon.com/Becoming-Wise-Inquiry-Mystery-Living/dp/1594206805) by Krista Tippett